USING
TIME WELL

Activity Pack -- FREE Resource

Ages 5-9 | No Prior Reading Required
Classroom, Library and Home Use

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Inside the Hive

Real honeybees are amazing planners. In a hive, every bee has a job, and together they build honeycomb and turn flower nectar into honey.

Activity 1: Honeybee Facts -- True or False?

Fact	True	False
Honeycomb cells are hexagons (six sides)	[ ]	[ ]
Bees make honey from flower nectar	[ ]	[ ]
Bees help plants grow fruit by spreading pollen	[ ]	[ ]
Every bee in a hive does exactly the same job	[ ]	[ ]
Honeycomb cells have four sides	[ ]	[ ]

Activity 2: How Honey Is Made

Number the steps from 1 to 4.

Step	Order
The bee flies back to the hive.	____
A bee visits a flower and drinks its sweet nectar.	____
Bees fan their wings to dry the nectar into honey.	____
The nectar is stored in a honeycomb cell.	____

Think About It

* Why do you think honeycomb cells are hexagons?

* Why would our food be in trouble without bees?

Golden Hours

A day has lots of hours to fill. Reading for an hour, then building a model for 45 minutes -- let's work out the times!

Activity 1: My Golden Hours

Activity	Starts	Lasts	Finishes
Read a library book	9 o'clock	1 hour	_____
Help with the washing up	10 o'clock	half an hour	_____
Kick goals in the garden	11 o'clock	1 hour	_____
Build a model	2 o'clock	2 hours	_____

Activity 2: Honeycomb Maths

1. One honeycomb cell has 6 sides. How many sides do 2 cells have? _____

2. 45 minutes + 15 minutes = _____ minutes = _____ hour

3. Baxter had 17 things to do. He did 7. How many are left? _____

4. How many hours are there in one whole day? _____

Think About It

* Which takes longer: half an hour or 45 minutes?

* How many hours of your day are just for fun?

Design a Honeycomb Planner

When you have too many things to do, try sorting them into three groups: Today, Later, and Someone Else to help. Suddenly the pile feels much smaller!

Activity 1: Sort the Pile

Job	Today	Later	Ask for help
Finish my reading homework due tomorrow	[ ]	[ ]	[ ]
Tidy my whole room	[ ]	[ ]	[ ]
Fix my broken bike chain	[ ]	[ ]	[ ]
Write a birthday card for next month	[ ]	[ ]	[ ]
Feed the dog	[ ]	[ ]	[ ]

Activity 2: My Honeycomb Planner

DRAW THREE HONEYCOMB CELLS. FILL ONE WITH SOMETHING TO LEARN, ONE TO HELP AND ONE FOR FUN:

Think About It

* Why does sorting a big pile make it easier to start?

* Who could you ask for help with a hard job?

Bored, Stuck or Too Much?

Note to students:
This worksheet explores personal feelings. There are no right or wrong answers -- your thoughts are your own. Sharing is always optional. If any question brings up big feelings, please talk with a trusted adult.

Sometimes we feel bored and can't think of anything to do. Other times we have too many things and don't know where to start. Both feelings are very common.

Activity 1: Feeling Check-In

Circle the words that show how you feel.

When I'm bored, I feel:
Flat Grumpy Restless Sleepy Other: _____

When I have too many things to do, I feel:
Stuck Worried Busy Overwhelmed Other: _____

When I finish something, I feel:
Proud Happy Light Calm Other: _____

Activity 2: My Smallest Step

Think of something you keep putting off. What is the very SMALLEST step you could do right now?

The thing I keep putting off: _____

My smallest first step: _____

Think About It

* Do you more often feel bored, or like you have too many things to do? Why?

* Why does a small first step help when you feel stuck?

Drifter or Explorer?

Drifters always mean to do things -- tomorrow. They wait for the perfect moment, and it never arrives. The difference between a Drifter and an Explorer? An Explorer starts.

Activity 1: Who Said It?

What Someone Says	Drifter	Explorer
'I'll do it tomorrow.'	[ ]	[ ]
'What's the smallest thing I can do right now?'	[ ]	[ ]
'I'm waiting for the perfect moment.'	[ ]	[ ]
'Learning first, then play!'	[ ]	[ ]
'A small start is still a start.'	[ ]	[ ]

Activity 2: The Three Golden Rules

1. A small start is still a start. 2. Do the thing in front of you. 3. A full honeycomb makes a sweeter day.

Which rule do you need most? Why?
Rule number: _____ because _____

_____

Think About It

* Why might play feel even better after you've done your learning?

* What would you like to start, instead of waiting for 'tomorrow'?

My Honeycomb Plan

Three golden cells, filled well, make a day feel planned. Fill your honeycomb each day: one thing to LEARN, one thing to HELP someone, and one thing just for FUN.

Activity 1: My Goals

Write or draw one goal for each time.

Goal Tier	My Goal	How I Will Do It	When I Will Start
THIS WEEK			
THIS TERM			
THIS YEAR			

Activity 2: Honeycomb Tracker

Colour a star each day you do it.

I did it!	Mon	Tue	Wed	Thu	Fri
I did one thing to learn	*	*	*	*	*
I did one thing to help someone	*	*	*	*	*
I did one thing just for fun	*	*	*	*	*
I made a small start on something	*	*	*	*	*
I finished something I'd put off	*	*	*	*	*

Think About It

* What will go in tomorrow's honeycomb?

* Write your own Golden Rule in 10 words or fewer.

Teacher's Companion

No Prior Reading Required
This pack is fully standalone. No book or characters are referenced. Any student can complete these worksheets without prior reading. Suitable for classroom, library, and home learning programmes. This pack is an excerpt of a full book-specific learning pack available with purchase at **learningsmart.au**

Australian Curriculum Alignment

Learning Area	Strand	Year Level	Content Description (summary)
Science	Biological Sciences	F-Yr 3	Living things such as honeybees work together and help plants (WS1)
Mathematics	Measurement and Number	F-Yr 3	Tell time to the hour and half hour; add minutes; subtract (WS2)
Design and Technologies	Design Processes	F-Yr 3	Plan and organise tasks using a simple planner (WS3)
Health and PE	Personal, Social and Community Health	F-Yr 3	Recognise boredom and overwhelm; strategies to get started (WS4)
Gen. Capabilities	Personal and Social Capability	F-Yr 3	Self-management: set goals, plan and persist (WS5, WS6)
Gen. Capabilities	Critical and Creative Thinking	F-Yr 3	Sort and prioritise tasks (WS3)
Gen. Capabilities	Ethical Understanding	F-Yr 3	Helping others as part of a good day (WS6)

16 Key Using Time Well Lessons

#	Lesson
1	Every day is like a honeycomb: each hour can be filled with something good.
2	Honeybees work together, and every bee has a job.
3	Honeycomb cells are hexagons.
4	Bees make honey from flower nectar and help plants by spreading pollen.
5	'I'll do it later' can turn into lost minutes.
6	Waiting for the perfect moment means you might never start.
7	An Explorer starts.
8	A simple plan: one thing to learn, one to help, one for fun.
9	Whatever doesn't fit today can go in tomorrow's honeycomb.
10	Too many things? Ask: what is the smallest thing I can do right now?
11	Sort a big pile into Today, Later and Someone Else to help.
12	Doing learning first can make play feel even better.
13	Using your time well can help the people around you too.
14	Rule 1: A small start is still a start.
15	Rule 2: Do the thing in front of you.
16	Rule 3: A full honeycomb makes a sweeter day.

Answer Keys and Discussion Guidance

WS1 -- Inside the Hive (Answers)
True: hexagons; honey from nectar; spreading pollen. False: every bee does the same job; four-sided cells. Honey steps: 2, 1, 4, 3.

WS2 -- Golden Hours (Answers)
Finishes: 10 o'clock; half past 10; 12 o'clock; 4 o'clock. Honeycomb maths: 1. 12; 2. 60 minutes = 1 hour; 3. 10; 4. 24.

WS3 -- Sort the Pile (Guidance)
Suggested: Today -- reading homework due tomorrow, feed the dog. Later -- tidy whole room (or a small part today), birthday card. Ask for help -- fix the bike chain. Accept reasoned answers.

WS4 -- Sensitivity Note for Educators
Some students experience real difficulty starting tasks or feel overwhelmed often. Avoid labelling students as 'lazy'. Do NOT require sharing. If a student discloses a concern, follow your school's wellbeing and child safety protocol.

WS5 -- Drifter or Explorer? (Answers)
Drifter: 'I'll do it tomorrow'; 'waiting for the perfect moment'. Explorer: 'smallest thing right now'; 'learning first, then play'; 'a small start is still a start'.

WS6 -- Challenge Tracker
There are no correct scores. Celebrate every attempt; any day left blank is a chance for a gentle reminder, not correction.

Upsell Note for Educators
This generic pack is based on the Learning Smart book series. The full book-specific learning pack -- which references the characters, story moments, and adventure narrative -- is available with book purchase or subscription at **learningsmart.au**. Book-specific packs significantly increase student engagement and reading motivation.

Differentiation Strategies

Level	Strategy	Example Application
Below Level (support)	Reduce written output; use sentence starters; allow verbal responses; pair with peer.	WS2: use a teaching clock to move the hands. WS4: use feeling faces instead of writing.
On Level (standard)	Complete all activities as written. Use discussion partner for Think About It sections.	Standard completion with class debrief of Think About It questions.
Extension (enrichment)	Keep a honeycomb planner for one week and reflect on what worked.	WS1: research how a hive is organised: queen, workers and drones.

7 Discussion Questions

1. Why do people sometimes feel bored on holidays?
2. What do you think the Land of Lost Minutes is?
3. What is the difference between a Drifter and an Explorer?
4. Why is a small start still a start?
5. What three things would you put in today's honeycomb?
6. How can using your time well help the people around you?
7. Which of the three Golden Rules is your favourite? Why?

Classroom Display Ideas

Class Honeycomb: A big hexagon wall: each student adds a cell for learn, help or fun.

Hive Facts: A labelled diagram of a hive, honeycomb and how honey is made.

Golden Hours Clock: A large clock with the day's planned golden hours marked.

Today / Later / Help: A sorting board for class jobs.

Explorer Starts: Quotes from the Explorer side of WS5.

Three Golden Rules: A poster of the three rules with student drawings.

Want the Full Adventure?

This free activity pack is inspired by the **Learning Smart book series** -- everyday adventures about character, confidence and growing into a kind, capable leader.

The Full Book-Specific Learning Pack Includes:

* Worksheets tied directly to the book's characters and story moments
* Story-based Think About It questions that deepen reading comprehension
* A Teacher's Companion with book-specific discussion questions
* Access to the full Learning Smart resource library

Available with book purchase or subscription at:

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Books in the Learning Smart Series

Title	Topic
The Honey Hour	Using Time Well
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Professor Bee's Body Expedition	Human Body and Science
Belinda and James: Beach Smart	Sun and Water Safety
Guardians of the Web	Internet Safety
The Magical ABC Adventures: Letters A-F	Early Literacy and Phonics

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